

V. Keerthana

Qualification: MPhil in Clinical Psychology

Experience: 6 months

Languages: English & Hindi

"Driven by a passion for mental health, I take a keen interest in the management of various disorders like depression, anxiety, substance use, Bipolar Affective Disorder, Obsessive Compulsive Disorder, grief through evidence based psychotherapies. I follow an eclectic approach to therapy by applying a combination of different therapeutic techniques tailored to the needs of each client