

Kashvi Gupta

Qualification: Msc Psychological Therapies, Autism Mentor

Experience: 3 years

Languages: English & Hindi

Forte: Cognition & Behaviour therapy for children with special needs.

"My appreciation & passion for the field came from finding myself in the pool of its benefits. Like every other person, I reached out to family & friends for help but with time i realised that i need to reach out to a professional to help me deal with grief.

I strongly believe that if help can be given to someone at an early stage whether it is a child or a adult. They future can be better.

Seeking help isn't a sign of weakness, it simply means that an individual is brave enough to accept & fight their battles".